



# **RLA PUBLIC SCHOOL, DOHA-QATAR**

**ACADEMIC YEAR 2019 - 2020**

## **Programme Logger For KG/ Primary /Middle/Secondary/ Senior Secondary School**

<b>Date of the Event: 16th October 2019</b>	<b>Audience: Grade 1</b>	<b>Venue: Primary 1</b>
<b>Title: Emphasis on Healthy Eating Habits and Wastage of Food</b>		
<b>Organised by: Ms. Zulekha Asif Shaikh and Ms Ashamma VT</b>		
<b>Objectives : To create an awareness among the children about eating healthy food and not to waste food.</b>		
<b>Summary: World Food Day has been celebrated annually on 16th October since 1981. It provides education to the people that they can change simple daily habits and decisions to make a difference. Our main objective was to create the importance of Healthy Food, Say no to Junk Food and Do not waste Food</b>		
<b>Evidence (Pictures, Vedios, Feedback Form, Testimonial):</b>		

**Feedback:** It was an excellent programme. The message given was clear to all the children, specially the Tug Of War between healthy food and Junk food. Message conveyed -

**Eat Healthy Food**

**Say No to Junk Food**

**Do Not Waste Food**

**Shruti**

**Headmistress**